

## F2F Lost Mountain Middle School Band Social Distancing Plan

### LMMS Band Face Masks:

- The LMMS Band have ordered musician masks through United Sound and will provide one for each child. *Parents can order additional masks for their child via [www.unitedsound.org/mask](http://www.unitedsound.org/mask)\**
  - \*Students are expected to wear a mask when entering and exiting the room, and while participating in class***
- If a student loses his or her Lost Mountain Musician Mask, they will need to purchase an additional one\*
  - \*Students without a LMMS musician mask will be assigned a safe activity during class to complete that day*
- Students will be required to have their own set of materials (as listed in the band handbook and materials lists per grade level at [www.lmmsband.com](http://www.lmmsband.com)) as there will be no sharing of materials in class

### Band Room Classroom Set Up:

- Brass Class will rehearse in the Chorus Room (Room 191)
- Woodwind and Percussion Class will rehearse in the Band Room (Room 192)
- Chairs are arranged in straight lines, all facing the same direction in the room to have a positive impact on aerosol movement while minimizing potential exposure
- Percussionists will continue to stand in the back of the room behind their assigned instrument for the day
- Hand sanitizer stations are available for student use. Students will be required to sanitize their hands upon entering and exiting the room(s)
- Chairs and stands will be sprayed by teachers at the end of each class and students will receive a paper towel upon entering the room to wipe down their chair and stand before using

### Woodwind Safety Specifics:

- See "Covid-19 Materials" section in grade level materials list
- Musician Masks will be worn by students at all times (including playing of instruments)
- *Option for Flute Players (not required by LMMS Band): Flute Air Shield*  
<https://www.fluteairshield.com/>

### Brass Safety Specifics:

- See "Covid-19 Materials" section in grade level materials list
- Musician Masks will be worn by students at all times (including playing of instruments)

### Percussion Safety Specifics:

- See "Covid-19 Materials" section in grade level materials list
- Masks will be worn by students at all times (including playing of instruments)

## Class Instruction Specifics:

- Students are allotted additional transition time at the start and end of class in order to complete the following at a safe physical distance:
  - o Students will ENTER through the Band Room and EXIT through the Chorus Room\*
  - \*Students will be expected to wear a mask when entering and exiting the room, and while participating in class***
  - o Bookbags, cases, and all personal items will be placed underneath their chairs (as we did in 6<sup>th</sup> grade band)
  - o Brass students will go to their lockers and then head to the Chorus Room through the band storage room door. Pathways/arrows will mark the traffic flow.
  - o Time will be devoted at the end of each class for students to appropriately clean the inside and outside of their instruments\* and sanitize their chair / stand before being released to pack up at their locker (*Students are required to have their instrument specific cleaning supplies in class every day*)
  - \*Recommended cleaning/sanitizing per instrument for at home:***  
<https://www.nfhs.org/articles/covid-19-instrument-cleaning-guidelines/>
  - o Dismissal from band will be staggered between rows / sections to allow for adequate cleaning and physical distancing between class periods.
  - o Students will be required to sanitize their hands and maintain appropriate distance during the clean/pack up portion at the end of the rehearsal.
  - o Band lockers will be assigned to a single student (no sharing) and dispersed throughout the room to avoid grouping up at the start and end of class
  - o Students will be expected to follow classroom guidelines to avoid bunching up when not in their seats (especially at the start and end of class)
- Class Instruction
  - o Teachers will wear a mask and face shield and use a microphone to enhance speech
  - o When helping a student with an instrument, Teachers will use gloves/wash hands/use hand sanitizer to follow safe sanitary practices
- Outdoor "Full Band" rehearsal opportunity (weather permitting)
  - o This is considered by research studies to be the best practice for rehearsing in large numbers due to allowance of rapid air exchange
  - o We will continue the use of "Bell Covers" (i.e. shower caps and old t-shirts) outside to limit aerosol movement
  - o Students will sit/stand in straight lines with required spacing between students
  - o Masks are not expected outside (we will encourage any students that feel more comfortable with a mask on outside to continue to use their Musician Mask in this setting)

**If you have any questions, concerns, suggestions, please reach out to us at [lostmountainband@gmail.com](mailto:lostmountainband@gmail.com) ! We look forward to a fantastic year with you all 😊.**

*\*\*\*As we receive more information from national studies and CCSD we will adjust our F2F plan accordingly and share with our band community. \*\*\**

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### **Sources of Information:**

- "COVID-19 and Instrument Cleaning" <https://www.nfhs.org/articles/covid-19-instrument-cleaning-guidelines/>
- "Flute Air Shield" <https://www.fluteairshield.com>
- "Performing Arts Aerosol Study" [www.nfhs.org/media/4029952/preliminary-testing-report-7-13-20.pdf](http://www.nfhs.org/media/4029952/preliminary-testing-report-7-13-20.pdf)
- "West Point Band Research" <https://www.westpointband.com/westpointmusicresearchcenter/army-band-covid-19-risk-mitigation-for-large-groups.html>
- "Overlapping BAND MASK pattern from United Sound"\* [http://unitedsound.org/mask?fbclid=IwAR3Kgo9eZDO0DhLvfStFlnv7qXMdDY\\_1KN9P0qtvAzrR8n9fdITN8nvCODY](http://unitedsound.org/mask?fbclid=IwAR3Kgo9eZDO0DhLvfStFlnv7qXMdDY_1KN9P0qtvAzrR8n9fdITN8nvCODY)
- "Covid-19 Airborne Transmission Tool" [https://cires.colorado.edu/news/covid-19-airborne-transmission-tool-available?fbclid=IwQR3eGgKmWZ7vniOCf73c2RdzoncBUxMQEkDpv\\_PRYzs1lxgdbNno2LqFToY](https://cires.colorado.edu/news/covid-19-airborne-transmission-tool-available?fbclid=IwQR3eGgKmWZ7vniOCf73c2RdzoncBUxMQEkDpv_PRYzs1lxgdbNno2LqFToY)